

37. ARANY ÜST



INTERNATIONAL SWIMMING COMPETITION

GENERAL REGULATIONS

ORGANIZER: Dunaferr Sportclub
Hungarian Swimming Association

DATE AND LOCATION: 23-25. March 2016. – 50m swimming pool, (Fabó Éva Sportuszoda, Hungary 2400 Dunaújváros Építők útja 9.)

ENTRIES: deadline 18. March 2016. e-mail: dunaferrse@digikabel.hu

INFORMATION: dunaferrse@digikabel.hu

www.dunaferrse.hu

TECHNICAL REGULATIONS

RULES: The competition will be held under FINA and Hungarian Swimming Association rules.

TIMING: Electronical POLIP timekeeping will be used.

SYSTEM OF COMPETITION:

The first three swimmers of each event will be awarded with medals, the best performance for girls and boys according to the FINA comparative tables will be awarded with cups.

CATEGORIES:

Boys 1. 2000-2001
Girls 1. 2001-2002

Boys 2. 2002-2003
Girls 2. 2003-2004

PROGRAM

23. March. 2016. Wednesday 8:45 h - Opening ceremony

warm up: 7:30-8:40

09:00 h - Qualifying heats

1.	200 m Medley	female
2.	200 m Medley	male
3.	200 m Backstorke	female
4.	100 m Backstorke	male
5.	200 m Freestyle	female
6.	200 m Freestyle	male
7.	100 m Breaststroke	female
8.	200 m Breaststroke	male
9.	4x100 m Medley relay	female
10.	4x100 m Medley realy	male
11.	800 m Freestyle	female

warm up: 14:45-15:50

16.00 h - Finals

1.	200 m Medley	female	
2.	200 m Medley	male	
3.	200 m Backstorke	female	
4.	100 m Backstorke	male	
5.	200 m Freestyle	female	
6.	200 m Freestyle	male	
7.	100 m Breaststroke	female	
8.	200 m Breaststroke	male	
9.	800 m Freestyle	female	- the Best 8
10.	4x100 m Medley relay	female	
11.	4x100 m Medley realy	male	

24. March 2016. Thursday

warm up: 7:40-7:50

09:00 h - Qualifying heats

12.	100 m Freestyle	male
13.	100 m Freestyle	female
14.	200 m Backstorke	male
15.	100 m Butterfly	female
16.	200 m Butterfly	male
17.	100 m Breaststroke	male
18.	200 m Breaststroke	female
19.	4x100 m Freestyle relay	male
20.	4x100 m Freestyle relay	female
21.	1500 m Freestyle	male

warm up: 14:45-15:50

16.00 h - Finals

12.	100 m Freestyle	male	
13.	100 m Freestyle	female	
14.	200 m Backstorke	male	
15.	100 m Butterfly	female	
16.	200 m Butterfly	male	
17.	100 m Breaststroke	male	
18.	200 m Breaststroke	female	
19.	1500 m Freestyle	male	the Best 8
20.	4x100 m Freestyle relay	male	
21.	4x100 m Freestyle relay	female	

25. March 2016. Friday

warm up: 7:40-7:50

09:00 h - Qualifying heats

22.	400 m Freestyle	male
23.	400 m Freestyle	female
24.	100 m Backstroke	female
25.	100 m Butterfly	male
26.	200 m Butterfly	female
27.	400 m Medley	male
28.	400 m Medley	female
29.	4x200 m Freestyle relay	male
30.	4x200 m Freestyle relay	female

warm up: 14:45-15:50

16.00 h - Finals

22.	400 m Freestyle	male	
23.	400 m Freestyle	female	
24.	100 m Backstroke	female	
25.	100 m Butterfly	male	
26.	200 m Butterfly	female	
27.	400 m Medley	male	
28.	400 m Medley	female	
29.	4x200 m Freestyle relay	male	
30.	4x200 m Freestyle relay	female	