

Test 3000 m v.spôsob (ANP)

9.2.2023/50m bazén

	Priezvisko	Meno	ročník	400m	500m	800	1000	1500	2000	2500	3000	ø "100"
1.	Čulen	Pavol	1990	5:05,0		10:23,0	13:02,0	19:35,0	26:04,0	32:32,0	39:02,0	1:18,1
2.	Šimčák	Denis	2006	5:07,0		10:25,0	13:05,0	19:37,0	26:07,0	32:34,0	39:04,0	1:18,1
3.	Vaško	Šimon	2006	5:09,7	6:29,4	10:27,7	13:13,0	19:47,0	26:17,0	32:44,0	39:31,0	1:19,0
4.	Čižmariková	Zuzana	2003	5:16,0		10:39,0	13:20,0	20:01,0	26:59,0	33:47,0	40:12,0	1:20,4
5.	Ujhelyi	Filip	2008	5:14,0	6:35,0	10:40,1	13:20,2	19:59,0	29:26,7	33:27,7	40:12,8	1:20,4
6.	Slafkovská	Lucia	2009	5:17,0		10:41,0	13:23,0	20:08,0	27:01,0	33:50,0	40:33,0	1:21,1
7.	Tkáč	Alexander	2007	5:16,9	6:37,7	10:40,4	13:21,7	20:08,8	27:01,0	33:56,1	40:41,2	1:21,4
8.	Tkáč	Lukáš	1983	5:20,0	6:44,0	10:48,5	13:29,1	20:09,4	26:54,9	33:41,4	40:54,8	1:21,8
9.	Bretzova	Tamara	2010	5:21,0	6:44,0	10:59,6	13:51,1	21:13,0	28:08,2	35:16,1	42:03,4	1:24,1
10.	Huňady	Ľ Ivan	2008	5:36,0	7:03,0	11:25,1	14:20,6	21:43,0	29:05,4	36:30,4	43:47,2	1:27,6

Test - 2000 m v.spôsob

Poprad, 7.2.2023/50m bazén

	2000	ø "100"	PF		
Horváthová	Terézia	2007	25:23,7	1:16,2	28

Test - 1500 m v.spôsob

9.2.2023/50m

	Priezvisko	Meno	ročník	1500	ø "100"
1.	Sokolenko	Timofii	2007	20:38,0	1:22,5
2.	Tatarka	Richard	2007	20:47,0	1:23,1
3.	Dargajová	Romana	2008	20:52,0	1:23,5
4.	Žeňuchová	Stacey	2003	21:45,6	1:27,0
5.	Kundrát	Martin	2007	21:53,0	1:27,5
6.	Balintová	Lenka	2008	22:32,0	1:30,1
7.	Jurtinusová	Gabriela	2007	22:41,0	1:30,7
8.	Kocan	Šimon	2005	24:00,0	1:36,0
9.	Hajducsek	Michal	2005	25:15,0	1:41,0

Laktátová krivka - Anaeróbný prah

